



Limerick Celtics Basketball Club - Health and Safety Statement

It is Limerick Celtics Basketball Club's (hereafter called Limerick Celtics) aim to ensure that all club members train and play in a safe and secure environment. The safety and well-being of each individual is of utmost importance to Limerick Celtics and is the number one priority when planning and implementing any club training sessions or games. We recommend levels of training dependent on age and ability, and expect our junior athletes to participate within these boundaries.

To support our Health and Safety Statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the premises used by the Club and all activities undertaken by the Club. This will be done through regular review of the Club's risk register.
- Create a safe environment by putting health and safety measures in place as identified by the risk assessment.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the Club's Health and Safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

To support our Health and Safety policy statement all members have a duty to:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.

- Abide by the latest COVID regulations and guidance.
- Not interfere with or misuse anything provided for your health, safety or welfare.

Covid-19 Policy

Limerick Celtics Basketball Club acknowledges the serious health risks posed by Covid-19 and the impact this can have upon all the various activities and interactions with our members and the general public. To mitigate and manage the risks to our members and the general public the following guidelines have been put in place:

- Sessions and games will only take place when they comply with the Government Covid Regulations and Basketball Ireland's Return to Play Policy.
- All members must complete the Covid-19 Screening Questionnaire prior to attending training sessions or games.
- If a player is unwell or has answered a question which indicates they might have had a COVID contact they should not attend training or games and notify the Club immediately.
- Players must sanitize before and after they enter and leave the training facility and at regular intervals during the session or game during water breaks.
- Face masks must be worn to entering and leaving the sports halls - players may wear masks during play should they wish.
- All basketballs should be washed or wiped down before and after the session.
- Attendance at all training or games will be recorded for contact tracing purposes.
- Two Covid Officers have been appointed (Tony O'Mara and Colm O'Connor)

CLUB HEALTH AND SAFETY OFFICER: Tony O'Mara

QUALIFIED FIRST AIDERS: Tony O'Mara and Sighle Martin

Signed:



Club Chairman (Tony Hehir)

Signed:



Health and Safety Officer (Tony O'Mara)